



H.E.R.O.®

HIDE. ESCAPE. RUN. OVERCOME.



EMPOWERING *K-12 students* to PREVENT and SURVIVE VIOLENCE

"Prior to H.E.R.O. my daughter was anxious and afraid to go to school. Now she is confident and no longer afraid. H.E.R.O. changed her life!"

- 7th Grade Parent & Teacher

How H.E.R.O. Works



Part 1

School staff engage in a 2-hour professional development course



Part 2

Educators present the H.E.R.O. curriculum to students via five lesson plans, lasting approximately 30 - 45 minutes each



Part 3

The entire school or site participates in a set of safe, scripted drills



Part 4

H.E.R.O. Experts provide answers to your unique safety questions



To learn more about the H.E.R.O. Program contact our team at: www.SafeKidsInc.com
Info@SafeKidsInc.com
or call 877-344-HERO

The H.E.R.O. Program

Age-appropriate curricula and training resources that will teach your school community how to prevent and survive violence.

H.E.R.O. Components



Curriculum:

K-12 lessons teach your students how to prevent and survive acts of violence.

- Age-specific and age-appropriate
- Critical thinking concepts based on Empowerment Theory
- Adaptable and problem-based
- Lessons meet English Language Arts standards



Professional Development:

Our facilitated video training course ensures that all certificated and classified staff understand the H.E.R.O. safety concepts.

- Evidence-based adult learning concepts
- Concepts presented via engaging, documentary-style video
- Built-in collaborative discussions and exercises
- Designed to be led by your chosen facilitator



Drill and Scenario Guide:

Provides your staff and students with safe, effective, and practical application of learned concepts.

- Turnkey guide to safe and effective drills
- Includes appropriate messaging for parents, community, and law enforcement
- Carefully scripted to prevent psychological and physical injuries
- Meets and exceeds violent intruder drill mandates in every state



Other Components:

Our comprehensive approach to violence prevention includes:

- Learning strategies and modifications for students with disabilities
- Site-specific safety advice provided by our team of H.E.R.O. Experts
- Parent and community connection materials
- "H.E.R.O. School" designation and promotional materials

The H.E.R.O. Curriculum

Available in multiple languages, including Spanish.

K-3

Young students learn H.E.R.O. concepts through a colorful, engaging, and age-appropriate read-aloud.



4-5

Students learn H.E.R.O. concepts by reading interactive narrative and applying learned concepts during classroom exercises.



6-8

Middle school students learn H.E.R.O. concepts through an allegorical narrative and group collaboration. Students begin to understand the science of fight, flight, and freeze, and begin to identify concerning behaviors in their peers.



High School

Students take charge of the lessons and drive the conversation through fact sheets and group work. Scenarios are provided to challenge misconceptions about violence and give students the tools to identify and report concerning behaviors.



"The H.E.R.O. Program has been instrumental in keeping our students and teachers safe."

- Dr. Jake, K-8 Principal

"I couldn't be more grateful to the Safe Kids team for developing this easy to teach, non-threatening curriculum that allows my students to be safe should they ever find themselves exposed to violence."

- Amber G., K-5 Principal